

Monday

Mar 2

Breaded Fish Fillet
wgr Hamburger Bun
Green Beans
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Plums
1% Milk 8oz
Skim Milk 8oz

Tuesday

Mar 3

BBQ Beef Rib Patty
wgr Hamburger Bun
Corn
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Pear
1% Milk 8oz
Skim Milk 8oz

Wednesday

Mar 4

BBQ Chicken
wgr Pasta Salad
Collard Greens
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Apple
1% Milk 8oz
Skim Milk 8oz

Thursday

Mar 5

wgr Spaghetti & Meatballs
Broccoli
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Pear
1% Milk 8oz
Skim Milk 8oz

Friday

Mar 6

wgr Cheese Pizza
Bean Salad
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Clementine (2)
1% Milk 8oz
Skim Milk 8oz

Mar 9

wgr Beef Fried Rice
Oriental Veggie Blend
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Orange
1% Milk 8oz
Skim Milk 8oz

Mar 10

Wgr Chk & Cheese
Quesadilla
Corn Fiesta
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Orange
1% Milk 8oz
Skim Milk 8oz

Mar 11

Hearty Beef Stew
Brown Rice
Mixed Vegetables
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Pear
1% Milk 8oz
Skim Milk 8oz

Mar 12

wgr Chk Nuggets
Sweet Potato Fries
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Orange
1% Milk 8oz
Skim Milk 8oz

Mar 13

Beef Hotdog (1)
Tater Tots
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
wgr Hot Dog Bun
Apple
1% Milk 8oz
Skim Milk 8oz

Mar 16

Burger w/ WGR Bun
Tater Tots
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Apple
1% Milk 8oz
Skim Milk 8oz

Mar 17

wgr Chk & Cheese Taquito
2MMA/2Grain
Br Rice and Beans
Tossed Salad
w/ Kidney Beans
Salad Dressing
Assorted
Orange
1% Milk 8oz
Skim Milk 8oz

Mar 18

wgr Beef Fried Rice
Oriental Veggie Blend
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Orange
1% Milk 8oz
Skim Milk 8oz

Mar 19

Breaded Fish Fillet
wgr Hamburger Bun
Green Beans
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Plums
1% Milk 8oz
Skim Milk 8oz

Mar 20

wgr Cheese Pizza
Mixed Vegetables
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Apple
1% Milk 8oz
Skim Milk 8oz

Mar 23

wgr Mac N' Cheese
Italian Blend Veg
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Banana
Whole Grain Bread
1% Milk 8oz
Skim Milk 8oz

Mar 24

Jamaican Beef
Patty
Br Rice and Beans
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Plums (2)
Skim Milk 8oz
1% Milk 8oz

Mar 25

Lasagna Rollette
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Banana
Whole Grain Bread
1% Milk 8oz
Skim Milk 8oz

Mar 26

Chicken & Broccoli
Whole Grain Penne
Oriental Veggie Blend
Tossed Salad
Salad Dressing
Assorted
Pear
1% Milk 8oz
Skim Milk 8oz

Mar 27

Chicken Curry
Brown Rice
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Whole Grain Bread
Pear
1% Milk 8oz
Skim Milk 8oz

Mar 30

Breaded Fish Fillet
wgr Hamburger Bun
Green Beans
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Plums
1% Milk 8oz
Skim Milk 8oz

Mar 31

BBQ Beef Rib Patty
wgr Hamburger Bun
Corn
Tossed Salad
w/ Chick Peas
Salad Dressing
Assorted
Pear
1% Milk 8oz
Skim Milk 8oz